

BUas protocol for COVID-19 - students 6 October 2020

Protocol for COVID-19 - students

Although BUas cannot oblige students to call in sick when they have COVID-19 symptoms, it's very much appreciated when students do so. BUas wants to appeal to students to take responsibility for their health and that of others on the campus and contribute to limiting the spread of the virus. To facilitate and respond to students who call in sick, the protocol below has been established:

Scenarios

What to do...

1. If you have symptoms of COVID-19:

- You make an appointment to get tested
- You also call your general practitioner (*huisarts*) if your symptoms get worse (fever and/or difficulty breathing)
- You stay in isolation as a precaution while waiting for the test and the test result
- You report ill by email via corona@buas.nl
- You inform BUas of the result of the test by email via corona@buas.nl
- If the test result is positive you continue with scenario 2

2. If you have been diagnosed with COVID-19:

- You report this by email via corona@buas.nl, stating your phone number and study programme
- BUas will contact you to find out whether we need to inform your lecturers and fellow students
- If needed, BUas will contact your lecturer/coach, who will inform your fellow students
- You go in isolation for at least 7 days. This starts with the first day of being sick. You are not allowed to leave your room. Get other people to do groceries for you; get other people to bring food to your room. Use a personal toilet and shower if possible. You can't have people coming over unless it is for medical purposes (e.g. a doctor or someone from the GGD (Municipal Health Service)). As soon as you have recovered from your symptoms, you need to stay in isolation for another 24 hours. After this, you can go outside again.

3. If you have a housemate, direct family member or close contact diagnosed with COVID-19:

- You inform BUAs by email via corona@buas.nl, stating your phone number and study programme
- BUAs will contact you to find out whether we need to inform your lecturers and fellow students
- If needed, BUAs will contact your lecturer/coach, who will inform your fellow students
- You go in quarantine at home, just like your other housemates, other direct family members and close contacts and have as little contact as possible. Always keep 1.5 metres distance. Designate a corona toilet and shower for exclusive use by the person diagnosed with COVID-19, if possible.

Close contacts are: people who have been in contact with a positive tested person at a distance of less than 1.5 metres for longer than 15 minutes within the period of the symptoms occurring or 48 hours before that.

Quarantine means: stay at home for 10 days. This period starts just after your last contact with a person who tested positive. You are not allowed to go outside. Get other people to do groceries for you. You can sit in your garden or on your balcony. You can't have people coming over unless it is for medical purposes (e.g. a doctor or someone from the GGD (Municipal Health Service)).

- If you develop any symptoms within the quarantine period, you will continue with the steps listed for scenario 1